



The Peel Halton & Area Branch Report

PRESIDENT'S MESSAGE

Fall 2009

I am pleased to invite you to participate in our Fall Annual General Meeting at the Hansa Haus in Mississauga on the 20th of Oct 09, when I hope to meet many of you personally and open a channel of communication.

Your Board of Directors Committee has been working diligently on your behalf, having participated in several committee meetings to resolve issues. In addition, we have attended the FSNA Barrie Regional Conference to discuss National Office resolutions prior to enactment at Congress 09 in Ottawa.

Various updates in FSNA administration, affecting branches and the National Office, are taking place. Changes will include a Revised Orientation Manual, our Branch Administrative Manual and the FSNA National Administrative Manual. The revisions are expected to be approved by Congress 2010.

Locally, your Board of Directors Committee is in dire need of volunteers. For example, we have been operating without a Secretary for several months. We also have other positions requiring your support and expertise.

Thank you for your continued support and interest in furthering our FSNA goals and objectives.

Sincerely,
Spencer Gludish,
President

October 2009 Semi-Annual Branch General Meeting

The 2009 Semi-annual Branch Meeting will be held **Tuesday, October 20, 2009** At The **Hansa Haus, German Canadian Club 6650 Hurontario Street Mississauga.**

Hansa Haus is located 1 km. north of the 401, on the west side of Hurontario

Registration will open at 9.30 A.M.

The Membership meeting will convene at 10.00 A.M.

Our own Board member, John Rozenberg will be our guest speaker and will make a presentation on the following topic: **"Be Active, Eat Well!"**

It is a presentation, recommended by ALCOA (Active Living Coalition For Older Adults) that deals with the benefits of physical activity and healthy eating, with special reference to type 2 diabetes among older adults.

FSNA Peel-Halton and Area Branch, 1235 Trafalgar Road, Box 84018 Oakville, Ontario L6H 5V7
Branch Telephone number: (905) 599-6151

Branch Officers: President – Spencer Gludish / Vice President – Robert Brown / Treasurer – John Rozenberg / Membership – Robert Lane

Website: www.fsnapeelhalton.org **General e-mail:** info@fsnapeelhalton.org

It is also hoped that Mr. Doug Slanker of GAIN will address the assembly as well. Gain is a company that assists members of Not-for-Profit organizations with a selection of services. We are interested in their Long Distance & Toll free service that provides for reasonable long distance rates in North America.

Members of the Telecom Committee will have contacted you in September to remind you of the date of the General Meeting and to request that you submit your payment of \$10.00 per person in advance, if you wish to reserve lunch.

To register for the lunch, please make your cheque payable to ***FSNA Peel-Halton and Area Branch*** and mail it to:

Chris Buklin
1603-1535 Lakeshore Road E.
Mississauga, ON. L5E 3E2
Tel: 905-271-1234

Email: cbuklin1234@rogers.com

Please make a note of the date and plan to attend.

ARE YOU 70 YEARS OF AGE OR OLDER AND DRIVING?

We have been asked by our National Office to extend to you an invitation to participate in a vital research study on older drivers. As Canada's population ages, the number of older people who hold a driver's license will grow steadily. The vast majority of older drivers are good drivers but they sometimes receive negative press from the media. If an older driver is in an

accident, often the media will call for all older drivers to be off the road or tested, which is ironic since research shows that some of the safest drivers are older drivers.

Candrive is looking to recruit volunteers for a multi-centre study of older drivers to determine the key factors that impact their driving safety. Study results will help in the development of a simple, objective screening tool that will assist health-care professionals to identify the characteristics of safe and unsafe older drivers, and refer those deemed at risk for further assessment. This will alleviate many of the problems and inconsistencies doctors and families face in attempting to determine fitness to drive.

Being able to drive safely, for as long as possible, is very important to retaining one's sense of independence. Candrive is a research study dedicated to improving safety and promoting the rights of safe older drivers.

Here is your opportunity to help. Candrive is a 5 year study and is now beginning in Toronto. The study needs 125 individuals from the Greater Toronto Area, ***70 years or older***, who drive at least four times a week.

Your involvement would consist of one annual clinic visit (2 – 2 ½ hours) per year and additional visits at four (10 minutes) and eight months (10 minutes) at the clinic. Each visit will involve answering questions about driving, performing written tests, and undergoing physical assessments such as testing of balance, flexibility, strength, vision and hearing.

No tests involving x-rays or blood work are involved. *All information will be strictly confidential and will not be shared with any outside agencies.*

The FSNA National Board of Directors and the Branch Board, along with other organizations, support this important field of research. Information and updates on the progress of the Candrive study will appear on the Candrive website (www.candrive.ca).

If you are interested in participating and/or would like more information, **please contact the Toronto Candrive Research Coordinator, Novlette Fraser, at (416) 597-3422 extension 7851.**

MEMBERSHIPS

As of July 31, 2009 our Branch had a total of 1650 members consisting of 5 associate members; 721 single members and 462 double memberships.

BRANCH OFFICERS

At the May annual meeting the following Branch Committee were elected for the 2009-2010 term. There were no nominations from the floor.

President: Spencer Gludish
Vice-President and Health and Benefits: Robert Brown
Treasurer: John Rozenberg
Members at large:
Membership: Robert Lane
Contact/Telephone Committee: Chris Buklin
Branch Report Editor and Webmaster: Gary Mohr

Membership Support: Harold Henry
Health and Benefits Support: Shiv Bajwa
Member at Large: Ken Dean
Secretary: VACANT
Past-President: Renée Labbad-Thibault

Branch Telephone Number

Please note our **telephone** number. If you wish to reach anyone on the board – you can call **905 599-6151**. Please leave a message and your contact information and the appropriate board member will call you back as soon as possible.

<p>Branch mail address: FSNA Peel-Halton and Area Branch, 1235 Trafalgar Road, Box 84018 Oakville, Ontario L6H 5V7</p>

To contact a board member just write to:
Branch Report Editor and Webmaster:
editor@fsnapeelhalton.org

OR

Visit our website: www.fsnapeelhalton.org

MEMBERSHIP RENEWAL

The next page serves as a friendly reminder to **those members who pay annually by cheque.**

Please submit your cheque for the 2010 membership to the membership secretary prior to the December 31, 2009 deadline. Use the form on page 4 only if you regularly pay by cheque or if you need to update your personal information.

FSNA Peel-Halton & Area Branch Membership Form

This is your FSNA membership application or information update form. Membership dues are effective from January 1 to December 31. Please complete this form if you are **applying** for membership whether you are paying dues via automatic DDS (Dues Deduction at Source) or directly to this Branch and forward it to our Membership Director at the address outlined below, as soon as possible.

Please also use this form to notify us of address, telephone number, e-mail address, or membership option changes. This will ensure that our membership data base and contact information is current. You can also notify us of changes by e-mail. Write to **membership@fsnapeelhalton.org**.

Please make cheques payable to: **“FSNA, Peel-Halton and Area Branch”**.

Members who have **NO CHANGES** to report and are **paying dues via DDS, need not submit this form**. Once your application and dues payment (if applicable) are received, a new membership card will be mailed to you. If you use the DDS deduction method, you will receive your membership card as soon as possible from FSNA.

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MEMBERSHIP Application/Renewal FORM

**FSNA Peel-Halton and Area Branch
attn. Membership Director
1235 Trafalgar Road, Box 84018
Oakville, Ontario, L6H 5V7**

Please indicate the applicable membership option

- Single member** = \$34.20 /yr
 Dual membership = \$44.40 /yr
 Associate Member* = \$15.00 /yr

Are YOU a: *(please indicate the one that applies to you!)*

- Member whose dues are deducted at source (DDS) & **have changes to report?**

Please note: Confidentiality is assured - your information will only be used for FSNA purposes.

*Note: Associate Members are federal public servants still employed but who wish to join the FSNA now

Mr. Mrs. Ms. Miss

Surname: _____ First Name: _____

Spouse: _____

Address: _____ Apt: _____

City/Town: _____ Prov: _____ Postal Code: _____

Tel: (____) ____ - _____ E-Mail: _____



Renewals: – please enter current FSNA Membership **Number:**

- Member paying directly to Branch, **with enclosed cheque, or have changes to report?**